



# NEURODIVERSE THERAPIES

[www.neurodiversetherapies.com.au](http://www.neurodiversetherapies.com.au)



## NEURODIVERSITY AFFIRMING OCCUPATIONAL THERAPY PACKAGES

### WHAT IS NEURODIVERSITY AFFIRMING OCCUPATIONAL THERAPY?

Neurodiverse Therapies is a **neurodiversity affirming** practice. It was founded by Dr Micah Perez in 2023 to provide **effective, evidence-informed, short-term and tailored support for neurodivergent individuals** who did not benefit from traditional 'one size fits all', deficit and impairment focused therapies, which are based on outdated evidence and practices.

Micah's occupational therapy approach is neurodiversity affirming because it **affirms and celebrates your uniqueness; meets you where you are at and accepts you as you are; and encourages your input and collaboration at every step of your therapy journey with her.** Micah's neurodiversity affirming occupational therapy approach is truly person-centred, goal-informed and values-based. Specifically, it involves a **unique blend of coaching, psychoeducation, and explicit development of executive function skills** to empower you to feel your best and function well every day.

Based on available evidence, specialist expertise and lived experience, Micah's unique therapy approach has been designed for:

- **Neurodivergent adolescents, teens and adults with functional disability related to Autism and ADHD**
- **Caregivers of neurodivergent children with functional disability related to Autism and ADHD**
- **Adults with chronic or episodic Migraine-related disability**
- **Partners of adults with chronic or episodic Migraine-related disability**

#### Bronze package = 5 sessions

**Assessment:**

1.5-hr initial consult +  
1.0-hr additional assessment

**Therapy:**

2 x 1.0-hr neurodiversity affirming occupational therapy sessions +  
1.0-hr progress review and future planning session

**Costs:**

**\$1,045 total (5 sessions) =**  
\$285 initial consult +  
\$190 per subsequent session

#### Silver package = 10 sessions

**Assessment:**

1.5-hr initial consult +  
1.0-hr functional assessment +  
1.0-hr needs assessment +  
Additional assessment if required

**Therapy:**

5 to 6 x 1.0-hr neurodiversity affirming occupational therapy sessions +  
1.0-hr progress review and future planning session

**Costs:**

**\$1,995 total (10 sessions) =**  
\$285 initial consult +  
\$190 per subsequent session

#### Gold package = 12+ sessions

**Assessment:**

1.5-hr initial consult +  
1.0-hr functional assessment +  
1.0-hr needs assessment +  
Additional assessment if required

**Therapy:**

7 to 8 x 1.0-hr neurodiversity affirming occupational therapy sessions +  
Additional therapy if required +  
1.0-hr progress review and future planning session

**Costs:**

**\$2,375 total (12 sessions) =**  
\$285 initial consult +  
\$190 per subsequent session



**CONTACT MICAH TODAY TO START YOUR JOURNEY OF EMPOWERMENT TO FEEL AND FUNCTION AT YOUR BEST EVERY DAY!**

**Dr Micah Perez,  
Director & Occupational Therapist**

Micah's services can be accessed via:

- **Medicare with GP referral (rebates per session set by Medicare)**
- **Private health (rebates per session set by your health fund)**
- **Self-funding**

Other information:

- Costs current as of 01.01.25
- Services provided in clinic or via telehealth
- Choose a package based on your budget - you can pay upfront or per session
- Contact Micah to discuss options if you are not sure which package is right for you

### CONTACT



0418 122 544



[www.neurodiversetherapies.com.au](http://www.neurodiversetherapies.com.au)



[info@neurodiversetherapiesptyltd.com](mailto:info@neurodiversetherapiesptyltd.com)



Clinic located inside of  
Broadwater Surgery  
3/30 Brisbane Road,  
Labrador, QLD, 4216

